

**SPORTS MEDICINE ADVISORY COMMITTEE  
MEETING AGENDA**

**Wednesday, August 21, 2024**

**Old Business:**

1. Welcome and Introductions
2. Approval of the Minutes from the 2024 Spring SMAC Meeting (Dr. Rukstad)
3. Review of Recommendations to MSHSAA Board from 2024 Spring SMAC Meeting (Dr. Rukstad)
4. SMAC Members – new and moving forward (Dr. Rukstad)
5. Pre-Event Medical Planning Meeting update – PEMM (Dr. Rukstad)
6. Cold Weather Guidelines - (Dr. Rukstad) - request for table
7. 5-Day Break / Pause over the Holidays (Dr. Rukstad) – request for table
8. Review Request / Recommendation for Football Drills (Dr. Halstead)
9. Minimum Requirements for Medical Coverage Post Season (Fite)
10. Recommendations for AT's at all Schools (Fite)
11. Trans Athlete Participation – Any Legal Updates (Fite)
12. AT Coverage at Championships Update (Dr. Rukstad)

**New Business:**

1. NATA National Awards
  - a. Ryan Palmer – Secondary School AT of the Year – District 5
  - b. Gini Fite – Servants Heart Award – District 5
2. MSHSAA Interscholastic Youth Sports Head Injury Report / Sports Medicine Survey (Dr. Rukstad)
3. HB300 Mandated Concussion Report Questions Discussion (Fite)
4. MSHSAA Sports Medicine Survey Questions – Discussion (Dr. Rukstad)
5. Reimbursement for AT's during State Championships (Palmer)
6. Band Concussion Protocol (Dr. Rukstad)
7. NFHS Preventing Exertional Heat Stroke in Football: Time for a Paradigm Shift (Dr. Rukstad)
8. School AT's Access at State Championships (Fite)
9. Football Tinted Visor (Mazzocco)
10. Football Helmet Add-On (Mazzocco)
11. NFHS Foundation AED Grant (Dr. Rukstad)
12. MSHSAA Student Advisory Mental Health Recommendation (Dr. Rukstad)
13. Discussion item - Naturopath in Jefferson City signing off on Physicals (Dr. Halstead)
14. Chair Selection (Dr. Rukstad)

**Future Meetings:     Wednesday, March 27, 2025 @ 8:00 am**

“Anyone attending a meeting of the Missouri State High School Activities Association who require auxiliary aids or services should request such services by contacting the Executive Director of the MSHSAA, telephone 573-875-4880, no later than 48 hours before the meeting. Thank you.”