

Sports Medicine Advisory Committee
Held March 22, 2023

1. Recommend to adopt a Medical Eligibility Form as evidence of a completed physical examination.
 2. Recommend a sub-committee (Halstead, Raynor, Fite, Stahl, Mayse) to format and develop a MSHSAA Medical Eligibility Form.
 3. Recommend a sub-committee (Halstead, Raynor, Fite, Palmer, Stahl, Mayse) to review and re-format the Annual Documentation Requirements in an effort to eliminate the Interim Medical History section but to retain a medical disclaimer statement.
 - *** 4. Recommend that MSHSAA implements a minimum standard that requires a medical Emergency Action Plan (EAP) for all state series sites and venues. The medical EAP shall specifically require an onsite AED and use of MSHSAA's AED Guidelines as posted on the Sports Medicine page.
 - *** 5. Recommend revising the current Emergency Action Planning link to include the necessity of a Pre-Event/Contest Medical Planning Meeting. In addition, a Pre-Event/Contest Medical Planning Meeting checklist will be posted to the Sports Medicine page as a resource for the meeting. Checklist created by Rajkovich, Palmer, Fite.
 - ** 6. Recommend the prohibiting of the following drills during summer contact days, regular season and postseason padded practices: Bull in the Ring/King of the Circle, Oklahoma Drill, Offensive/Defensive Line Run Blocking Board Drill, Bull Rush during Pass Protection/Rush Drills, Half Line/Pods/3-Spot/Shock & Shed.
 - * 7. Recommend that all member schools have an Athletic Trainer designated to their school for medical coverage.
 - * 8. Recommend that Chiropractors are not permitted to be an approved provider for completion of pre-participation physical examinations.
- * Denied
** Tabled for further study
*** Approved as amended
**** No Action
All others approved