

TEAM UP SPEAK UP

From the

Concussion Legacy Foundation

National Team Up Speak Up Week Sept. 19-25, 2021 is a concussion education initiative from the Concussion Legacy Foundation to help improve concussion culture and reporting at the youth and high school level. The Missouri State High School Activities Association supports this program and asks all of our member schools to participate.

[Team Up Speak Up](#) asks coaches to give a short, one-minute speech to their team that makes 3 simple points:

1. We're a team. We look out for each other.
2. A teammate with a concussion is a teammate that needs your help.
3. It is your responsibility to *Speak Up* to a team leader if you think a teammate has a [concussion](#).

National Team Up Speak Up Week September 19-25, 2021 is CLF's annual event to spread the message that athletes have a responsibility to look out for each other when it comes to concussions.

Coaches, athletes, team leaders, schools, and organizations participate by delivering the Team Up Speak Up Speech and sharing their participation across social media.

Learn the speech and how to bring Team Up Speak Up to your community with these printable illustrated guides:

[Coaches](#) | [Athletes](#) | [Athletic Directors](#) | [Athletic Trainers](#) | [Parents](#) | [Orgs](#)

Give the Team Up Speak Up Speech

Giving the speech is easy! All it takes is a copy of the speech and a cell phone to capture it all on video. Since the program launched in 2016, more than 1,500 teams and organizations accounting for more than 6.25 million athletes have spread the Team Up Speak Up message.